



CoVid-19 Laundry Guidelines

Regular cleaning is key in preventing the spread of the disease!

1. Do not shake dirty laundry.

This **minimizes the possibility of spreading** the virus through the air.

2. Wash items according to the directions.

When possible wash items using the **warmest appropriate water** setting for the items. **Dry items completely.** *Note: Dirty laundry that has been in contact with an infected person can safely be washed with other clothes.*

3. The hotter the wash, the better.

Experts recommend washing items in a **temperature of at least 140°** degrees.

4. Use the dryer.

Viruses hate heat, and **drying clothes completely** will further prevent the spread of the disease.

5. Use the right amount of soap.

Too much soap creates excess suds that enable dirt and grime to remain trapped inside the fabric. The right amount of soap will **properly clean items** and then be rinsed from the clothing.

6. Clean and disinfect baskets, carts & hampers.

Clean these **items as often as possible** - use a bag liner, if available.

7. Watch what you touch.

Clean your hands regularly, wipe handles of machines and keep your hands away from your face (mouth, eyes, nose etc.)